



5 Cities Girls Softball League
P.O Box 1134, Loomis, CA 95650

Allstar Coaching Application Form
DUE BY: April X, 2024 by 5:00pm

Division: (please circle) 8U 10U 12U 14U 16U

Position: (please circle) Head Coach Assistant Coach

Do you have a child who played in Five Cities this year? (please circle) Yes No

If yes, which Division and Team? _____

Age Group Played in Spring: _____

Name: _____ Todays Date: _____

Please print

Address: _____ City: _____

Zip Code: _____ Email: _____ Birthdate: _____

Home Phone: _____ Work Phone: _____

Coaching Experience - (Age Groups and Level - i.e. Rec, Fall-Ball, Allstars, etc.)

Coaching Philosophy - (Age Groups and Level - i.e. Rec, Fall-Ball, Allstars, etc.)

If you are selected for the position requested, you will be required to: Become ACE Certified, Complete Safesport Training, Adhere to all 5 Cities and USA Softball of Sacramento Code of Conduct and bylaws

Signature _____ Date: _____