



## 2024 Five Cities All-Star Selection Guidelines

Five Cities aims to field an All-Star team at the 8U, 10U, 12U, and 16U levels each season. These teams will represent the league in competitive tournaments against other local youth softball leagues. It is an honor to be selected as part of the All-Star team and represents recognition of a player's hard work, sportsmanship, and performance.

### Tournament Dates / Schedule

All-Star teams will typically play in 3-4 tournaments in June and July. These tournaments are full-weekend events with potentially 3-4 games per day. Tournaments are located in the Sacramento area. Teams **MUST** play in the Association Tournament. Tournament schedule:

- Piece of the Rock (Rocklin)
  - 10U/12U/14U/16U – May 31 & June 2, 2024
  - 8U – June 8-9, 2024
- Stars of Cordova (Rancho Cordova)
  - 10U/12U/14U/16U – June 8-9, 2024
  - 8U – June 1-2, 2024
- Association Tournament (Sacramento Area)
  - 10U/12U/14U/16U - June 21-23, 2024
  - 8U – June 15-16, 2024
- Nor Cal Invitational
  - June 29-30, 2024

### Costs

8u \$325 per player (3 tournaments)

10u, 12u, 14U, 16u \$325 per player (3 tournaments)

Cost includes jersey, visor, and tournament entry fees. This fee is due by May 26th. Scholarship opportunities are available, please contact: [president@5citiessoftball.org](mailto:president@5citiessoftball.org).

Practices for All-Stars will begin following the conclusion of the recreational season (week of May 20th).

## Requirements

A player must be registered and have played with Five Cities during the Spring season for which All-Stars are being selected.

At the 8U, 10U, and 12U levels, a player must have participated in at minimum of 50% of their recreational team's games. At 16U, High School players are eligible to try out for the All-Star team

A player from a "Select" team (Screaming Eagles) is not eligible for All-Stars, even if they played during the Spring recreational season.

A player must be able to participate in the majority of the All-Star tournaments. This is not an honorary All-Star team, but a team that plays games and competes, so players need to be available to participate.

## Selection Process

Players are selected based on their recreational season performance, sportsmanship, and a player tryout.

Near the end of the recreational season, an All-Star tryout (and a makeup date) will be scheduled for each age division. These dates will be announced far in advance and all eligible players who participated in the Spring recreational season are invited to attend.

At the tryout, the head coach and assistant coach from each team in the division being evaluated will assess and rate the players at the tryout. The coaches will then vote and select the players representing the All-Star team.

All coaching applications will be reviewed by the 5 Cities Board of director. all All-Star coaching selections will be notified in advance of All-Star tryouts.

## Important Dates:

- **Coaching Applications Due:** Monday, April 22, 2024
- **Tryout Date:** Saturday, April 27, 2024 / 3:00 PM / Loomis Basin Community Park North (5 Cities Fields)  
*8U on Field 3 / 10U on Field 2 / 12U on Field 1*
- **Makeup Tryouts:** Saturday, May 4, 2024 / 3:00 PM / Loomis Basin Community Park North (5 Cities Fields)  
*8U on Field 3 / 10U on Field 2 / 12U on Field 1*